

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Sirius Street Food	Sirius Great British Menu	Sirius Carvery	Sirius Continental	Sirius Favourites
Main Course 1	Swedish Pork & Beef Meatballs	Chicken & Mushroom Pie	Roast Beef & Yorkshire Pudding	Chicken Korma GF	Hand-Battered Fish
Main Course 2	Tugo 4ork Street Food	Cornish Pasty	Mighty Maccheroni V	Beef Rogan Josh GF	Southern Fried Chicken
Vegetarian	Quorn Swedish Meatballs V	Cream Cheese & Onion Stuffed Sweet Potatoes GF	Quiche (Chefs Special) V	Vegetable Rogan Josh or Chef Special V	Home-made Cheese & Onion Patty V
Jacket Potato Special	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings
Sides					
Carbohydrates	Mash Potato with a Cream sauce	Minted New Potatoes with Gravy	Rosemary & Garlic Roast Potatoes or New Potatoes	Rice & Mini Naan Bread	Chips or New Potatoes
Vegetables/Sides	Garden Peas, Garlic Bread, Slaw/Mixed Leaves	Seasonal Vegetables & Gravy	Seasonal Vegetables & Gravy	Green Beans	Mushy Peas or Baked Beans
Salads	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Pots/Cold Pasta Pots
Grab 'n' Go					
Sandwiches & Baguettes	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.
Desserts					
Dessert	Plain Flapjack with Custard	Lemon Drizzle with Custard	Chocolate Oat Delight	Citrus Shortcake with Custard	Ice Cream
Fresh Fruit/Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes

The salad bar has different healthy options everyday. There are also manager's specials for all hot/cold sandwich fillings and soup of the day. Prepared and fresh fruit is available on a daily basis. Please note: this menu is subject to change without notice. **If you have any allergies or food intolerances, please disclose to a member of the catering staff, who will then advise you of options that are appropriate for your needs.**

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Sirius Street Food	Sirius Great British Menu	Sirius Carvery	Sirius Continental	Sirius Favourites
Main Course 1	Classic Beef Lasange	Cumberland Sausages	Roast Chicken with Sage & Onion Stuffing	Chicken Tikka Masala GF	Hand-Battered Fish
Main Course 2	Tugo 4ork Street Food	Quiche (Chief Special) V	Loaded Cheese & Onion Potato Skins V	Chicken Korma GF	Southern Fried Chicken
Vegetarian	Quorn Lasange V	Lynda McCartney Sausages V	Quiche Style Chicken Fillet V	Mushroom Korma or Chef Special V	Egg Fried Rice with Curry sauce V
Jacket Potato Special	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings
Sides					
Carbohydrates	Mash Potato with a Cream Sauce	Mash Potato	Roast Potatoes or New Potatoes	Rice & Garlic Bread	Chips or New Potatoes
Vegetables/Sides	Garden Peas, Garlic Bread, Slaw/Mixed Leaves	Seasonal Vegetables & Gravy	Seasonal Vegetables & Gravy	Green Beans	Mushy Peas or Baked Beans
Salads	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Pots/Cold Pasta Pots
Grab 'n' Go					
Sandwiches & Baguettes	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.
Desserts					
Dessert	Ice Sponge with Custard	Coconut Shortcake with Custard	Banana Flackjack with Custard	Chocolate Shortcake	Fresh Jelly
Fresh Fruit/Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSES	Sirius Street Food	Sirius Great British Menu	Sirius Carvery	Sirius Continental	Sirius Favourites
Main Course 1	Beef Pasta Bolognese	Steak Pie	Roast Pork with Sage & Onion Stuffing	Chinese Style Chicken Curry	Hand-Battered Fish
Main Course 2	Tugo 4ork Street Food	Salmon & Dill Fish Cake GF	Roast Chicken with Sage & Onion Stuffing	Lamb Balti GF	Southern Fried Chicken
Vegetarian	Quiche (Chef Special) V	Surgital Arriabatta Pasta V	Quorn Cottage Pie V	Vegetable Balti or Chef Special V	Egg Fried Rice with Curry sauce V
Jacket Potato Special	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings	Jacket Potato with assorted hot/hold fillings
Sides					
Carbohydrates	New Potatoes	Mash Potato	Roast Potatoes or New Potatoes	Rice & Mini Naan Bread	Chips or New Potatoes
Vegetables/Sides	Pasta & Sweetcorn, Garlic Bread, Slaw/Mixed Leaves	Garden Peas & Gravy	Seasonal Vegetables & Gravy	Slaw/Mixed Leaves	Mushy Peas or Baked Beans
Salads	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Bar/Cold Pasta Pots	Salad Pots/Cold Pasta Pots
Grab 'n' Go					
Sandwiches & Baguettes	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.	Various filled Sandwiches, Baguettes, Paninis, Pasta and hot/cold Wraps etc.
Desserts					
Dessert	Chocolate Shortcake with Custard	Coconut Shortcake with Custard	Plain Flackjack with Custard	Chocolate & Vanilla Sponge with Custard	Gateau with Custurd
Fresh Fruit/Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes	Fresh Fruit or Home-Baked Cakes

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