



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Friday 20th September

#ThisWeek@SAN

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Welcome to this week's Parental Bulletin which gives you a summary of Academy Events, Sporting achievements, important information and weekly Student Nominations from staff. If you've missed checking our socials, it's all here for you.

You can still follow us on Facebook and Twitter for updates as well.



@SiriusAcademyNorth



@sirius_north

The MyEd app remains our most important way of communicating with you and together with the iParent app, you can access everything you need to know about your child's school life.

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Academy News

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HEY Business Growth Skills Hub Health and Care Parent and Carer Webinar

Are you **PARENT OR CARER** of a child in Hull or East Yorkshire?
Then you've come to the right place!

The Hull and East Yorkshire Careers Hub is part of the Government's Careers Strategy implemented nationally to support secondary schools and colleges in implementing a 'world-class' standard of careers guidance.

HIGHLIGHTS

-  Meet current apprentices and hear about their experiences
-  Engage in a live Q&A session
-  Learn about the variety of opportunities in Health and Care

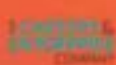


Curious about apprenticeships? Join our webinar to see why they're the future for your children!

EVENT DETAILS

-  Date: Wednesday 25 September
-  Time: 18:00 – 19:00
-  Location: Virtual

REGISTER HERE





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KS3 SPELLING BEE WINNERS

3rd- Jude

2nd- Humyl

1st- Alvin



Congratulations to our Spelling Bee students.

All three are through to the Ultimate Spelling Bee in the Summer term.



KS4 SPELLING BEE WINNERS

3rd- Deacon

2nd- Emily

1st- Michelle



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Academy News



Results Day

A huge congratulations to our 2024 leavers who collected their results during the holidays. A special mention to Abigail B who got top grades across the board - the best results at Sirius Academy North! We wish all of our students the best of luck with their next steps and hope to see them doing well in the future.



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WHERE STARS ARE BORN



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SIRIUS

SAFARI

Y5 AND Y6 OPEN EVENING

26TH SEPTEMBER

4:30PM - 7PM



Come and enjoy an evening at Sirius Safari, with free food, goodie bags, competition and much more.



540 HALL ROAD
HULL
HU6 9BP
01482 349600

More details:

www.siriusacademynorth.org.uk

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Academy Events



9/11 Memorial Tree

Our Year 8's created leaves with a variety of messages, quotes and poems on to pay their respect on the 23rd anniversary of 9/11.



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Academy News



Will you find a
GOLDEN
ticket in your sandwich?



- Promotion starts after October half term, 6th November and runs up to Christmas!
- Twice a month a small golden ticket is put in a sandwich from the range for any of our schools.
- Find a ticket and you get a gift!



Academy News



Book Your Place

Open Event
3rd October

Limited Availability

Other dates:

Thursday 7th November 2024, 6.30pm - 8pm

Thursday 9th January 2025, 6.30pm - 8pm



Contact to find out more

01482 222299



info@rondearingutc.com

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Academy Events



Enrichment Fair 2024

All parents will receive an online enrichment timetable through MyEd. Paper copies can also be picked up from student services.

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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.



- ### 1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.
- ### 2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.
- ### 3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.
- ### 4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.
- ### 5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.
- ### 6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.
- ### 7 GET YOUR FACTS STRAIGHT


Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.
- ### 8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.
- ### 9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.
- ### 10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

Meet Our Expert
Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday
The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>



Academy Events



SEE MY DESIGNS COME TO LIFE

**IT STARTS
ON SATURDAY**



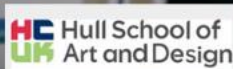
Art Club @ Hull College

Free local Saturday Clubs
for 13–16 year olds



Find your Club

@natsatclub
saturday-club.org/join



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Final Thought



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“ You don’t have to be great to start, but you have to start to be great.”

[#broadeninghorizons](#)
[#SAN](#)

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