



Sirius Academy North

Dear Parent/Carer,

As part of the statutory guidance from the DfE regarding PSHE and RSE taught in schools, which requires parents and carers to have access to our curriculum.

As students will be taught their Citizenship GCSE, in Year 9, 10 and 11, this means Year 9 will be covering life lessons during lesson 1. Please see below the content which will be taught in lesson 1 during Half Term 2:

Relationships
How is there racism and discrimination in society?
What is Remembrance day?
What are healthy relationships?
What is domestic abuse and domestic violence?
What is sexual harassment and stalking?

During Half Term 2, Year 9 students will be taught content which will take place during a drop-down session to cover content for Relationships and Sex Education. Please see below the content which will be taught during the drop-down day below:

Year 9 - RSE drop-down
RSE
What is sexual health?
What is consent?
What are the different types of contraception?
What is FGM?
What are STIs?

Following the DfE guidance students only have the right to withdraw from RSE lessons which are not already covered in science. The process for this is to send a letter to the Head of School explaining why you wish to withdraw your child. However, please note the following taken from the DfE statutory guidance:

- Head teachers can refuse a request in exceptional circumstances, for example because of safeguarding concerns or a pupil's specific vulnerability.
- Pupils can opt back in 3 terms before they turn 16, and schools should ensure that pupils know they have this option.

For any questions about the content of the life lessons, please contact Miss J Hairsine.

Kind regards,

Miss Hairsine
Coordinator of Life and Citizenship